ชื่อ……………………................................................................................................................... ชั้น…………........................... เลขที่.....................

**ใบงานที่ 1**

**เรื่อง การบาดเจ็บจากการกีฬา**

**ให้นักศึกษาเขียนจำแนกอาการบาดเจ็บ ตามส่วนต่างๆ ของร่างกายให้ถูกต้อง**

|  |  |
| --- | --- |
| **1. ผิวหนัง (Skin)** | **2. กล้ามเนื้อ (Muscles) และเอ็นกล้ามเนื้อ (Tendons)** |
| .................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................... | .................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................... |

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| **3. ข้อต่อและเอ็นยึดข้อ (Joints and Ligament)** | **4. กระดูก (Bone)** |
| ............................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................ | ............................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................ |
| **5. ระบบประสาท (Nerve)** | ………………………………………………………………………………………………………………………………………….………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………… |